

Esther Murray

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Dr Esther Murray is a Chartered and Registered Health Psychologist with an interest in social inequalities in health, wellbeing in medical students and doctors, and doctor patient communication. She has a long-standing interest in the wellbeing of healthcare professionals and since starting work at Barts and the London she has been developing her research in the area of moral injury. As well as undertaking research on this issue, she works with NHS staff to develop workshops and seminars which focus on psychological wellbeing and moral injury. Her early research was in chronic pain and its effect on doctor-patient communication and she has a background in psychological intervention in cardiac care and training NHS staff in communication skills. She teaches Health Psychology to MBBS students and Physician Associates at Barts and she is course leader for the iBSc in Medical Education

<http://www.stemlynsblog.org/moral-injury-in-emergency-and-pre-hospital-care-esther-murray-on-st-emlyns-podcast/>